

## Bishop King CE Primary School Menu 2024 / 2025—Term 1

Name \_\_\_\_\_

Class \_\_\_\_\_

I confirm I have selected these meals with my child and have read the allergens for all 3 weeks before signing;

Please circle/tick your child's choice for each day, it does not have to be the whole week, they can choose as they like - it could be just every Fish Friday.

Please make sure your child's allergy information is up to date with the school office, as we will cater for these as long as we know.

Parent/Carer Name \_\_\_\_\_

**Allergens; (G) - Gluten (M) - Milk (E) Egg (S) Soya (W) Wheat (SU) Sulphites (SS) Sesame Seeds (F) Fish**

Parent/Carer Signature \_\_\_\_\_

**(MU) Mustard (CE) Celery**

Date \_\_\_\_\_

Week 1 - WC 02.09.2024 / WC 23.09.2024 / WC 14.10.2024					
Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Hot</b>	Cheese & tomato thin & crispy pizza, beans and homemade wedges (W / M)	Beef meatballs tomato sauce, wholemeal pasta and green beans (W / SU)	Roast chicken, Yorkshire pudding, potatoes, green beans, cabbage and gravy (W / SU / HALA)	Chicken burger in a wholemeal bun, sweetcorn and salad (W / S / M)	Fish fingers, fries and peas (W / F)
<b>Vegetarian (Green)</b>	Tomato pasta bake with salad and garlic bread slice (W / SU / M)	Quorn burger in a wholemeal bun beans and salad (B / W / E / M)	Quorn sausage, stuffing ball, potatoes, green beans and cabbage (W)	Quorn bolognese pasta and salad (E / W)	Jacket potato beans & cheese with rainbow coleslaw (M)
<b>Sandwich 1 (Red)</b>	Ham Baguette with salad and coleslaw (W)	Ham sandwich with salad and coleslaw (W / S / M)	Chicken baguette with carrot & cucumber sticks served with a melon slice (W / S)	Tuna pasta pot with sweetcorn and veg sticks (W / F)	Ham roll with salad and coleslaw (W / S / M)
<b>Sandwich 2 (Yellow)</b>	Cheese sandwich salad and coleslaw (W / S / M / SS)	Cheese sandwich with vegetable sticks (W / M) / SS / S	Cheese baguette salad and coleslaw (W / S / M / SS)	Cheese sandwich vegetable sticks and melon (W / M / S / SS)	Egg or cheese roll with salad or vegetable sticks (M / S / W / E / SS)
<b>Pudding</b>	Ginger bread man or Fruit pot (W)	Jelly with cream (CONTAINS BEEF GELETINE / M)	Yoghurt and fruit basket (M)	Chocolate beetroot brownie (M / W / E)	Ice cream roll (M / W / SU)

Available every day; Water, milk and wholemeal bread. YOGHURT AND A FRUIT BASKET ARE ALWAYS AVAILABLE AS A CHOICE.

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Date \_\_\_\_\_

Week 2 - WC 09.09.2024 / WC 30.09.2024					
Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Hot</b>	Cheesy tomato pasta bake, roasted vegetables garlic bread and salad (W / M)	Mild chilli beef, rice and peas and carrots	Roast chicken, Yorkshire pudding, vegetable medley potatoes and gravy (M / E / W / HALAL)	Hotdog with beans and salad (W / SU / S / M) *Fosters butchers pork sausage*	Fish nuggets (salmon) chips and peas (F / W)
<b>Vegetarian (Green)</b>	Jacket potato cheese and beans (M)	Flat bread pizza with a tomato lentil sauce topped with cheese. Served with diced potatoes, diced cucumber & carrot (W / M)	Roast Quorn fillet, Yorkshire pudding, Vegetable medley, potatoes and gravy (W)	Quorn hotdog in a bun with sweetcorn salad (W)	Cheese tomato Panini, chips and salad (W / M)
<b>Sandwich 1 (Red)</b>	Ham Baguette salad and coleslaw (W)	Ham Sandwich salad and coleslaw (W / S / M)	Chicken roll salad and vegetable sticks (W / S / M / HALAL)	Tuna wrap, salad and vegetable sticks (W / F)	Ham roll with crunchy vegetable sticks and melon slice (W / S / M)
<b>Sandwich 2 (Yellow)</b>	Cheese Baguette salad and coleslaw (W / M)	Cheese sandwich and coleslaw (W / M)	Cheese roll and rainbow coleslaw (W / M)	Cheese sandwich salad and melon slice (W / M / S)	Egg salad roll, crunchy vegetable sticks and fruit slice (W / E / S / M)
<b>Pudding</b>	Oaty fruit cookie (W / M)	Yeo yoghurt pot OR fruit basket (W / M)	Chocolate Vanilla Mousse or fruit pot (M)	Lemon sponge (W / M / E)	Ice cream pot (M)

Available every day; Water, milk and wholemeal bread. YOGHURT AND A FRUIT BASKET ARE ALWAYS AVAILABLE AS A CHOICE.

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Parent/Carer Signature \_\_\_\_\_

**(MU) Mustard (CE) Celery**

Date \_\_\_\_\_

Week 3 - WC 16.09.2024 / WC 07.10.2024					
Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Hot</b>	Margarita pizza, beans and homemade wedges (W / M / S)	Beef bolognese pasta bake sweetcorn and peas (W)	Roast chicken, new potatoes, mixed vegetables and Yorkshire pudding (W / S / E / M / HALAL)	Chicken Tikka with rice and green beans (M / Mu)	Fish fingers, chips and peas (W / F)
<b>Vegetarian (Green)</b>	Vegan meatballs in a tomato sauce pasta and peas (W / B)	Jacket potato, beans and cheese (M)	Quorn sausage roll, potato swirl vegetables (W)	Quorn fajita wraps in a BBQ sauce, Jollof rice, peas (W / B / S / E)	Cheese omelette, chips and peas (E / M)
<b>Sandwich 1 (Red)</b>	Ham roll with egg salad and vegetable sticks (W / E / S / M)	Ham baguette served with salad and coleslaw (W / S / M)	Ham Sandwich with salad and coleslaw (W / F / E)	Chicken sandwich in a wholemeal bread, salad and melon (W / S / HALAL)	Ham roll with salad and vegetable sticks (W / M / S)
<b>Sandwich 2 (Yellow)</b>	Cheese roll or Egg roll salad and red pepper cous cous (W / M / S / E / SS)	Cheese Baguette salad and coleslaw (W / M)	Cheese sandwich vegetable sticks and coleslaw (W / M / S / SS)	Cheese sandwich salad and rainbow coleslaw (W / M / S / SS)	Cheese or Egg sandwich salad and pepper sticks (W / M / E / SS / S)
<b>Pudding</b>	Frozen yoghurt pot (M)	Chocolate orange cupcake (W / E / M)	Fruit yoghurt OR fruit basket (M)	Fruit shortbread (M)	Vanilla Ice Cream or Fruit Basket (M)
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