

Bishop King CE Primary School Menu 2024 / 2025—Term 3

Name _____

Class _____

I confirm I have selected these meals with my child and have read the allergens for all 3 weeks before signing;

Please circle/tick your child's choice for each day, it does not have to be the whole week, they can choose as they like - it could be just every Fish Friday.

Please make sure your child's allergy information is up to date with the school office, as we will cater for these as long as we know.

Parent/Carer Name _____

Allergens; (G) - Gluten (M) - Milk (E) Egg (S) Soya (W) Wheat (SU) Sulphites (SS) Sesame Seeds (F) Fish

Parent/Carer Signature _____

(MU) Mustard (CE) Celery

Date _____

Week 1 - WC 13.01.2025 / WC 03.02.2025					
Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot	Pizza Margherita, sweetcorn and salad (G,M,S)	Beef Tacos, Rice and peas (w)	Roast Chicken, Yorkshire pudding medley of vegetables and potatoes and gravy (halal) (E,M,G)	BK big breakfast, pork sausage, beans, egg and slice of bread (S,G,SU,E)	Chicken nuggets in breadcrumbs (halal) Diced potatoes and peas (M,G)
Vegetarian (Green)	Roasted vegetable and tomato pasta bake served with sweetcorn and salad (G,M)	Quorn tacos , Rice and peas (halal) (S,E,G)	Quorn mini fillet, Yorkshire pudding medley of vegetables and potatoes and gravy (S,E,M,G)	BK big breakfast, Quorn chicken sausage, beans, egg and slice of bread (halal) (S,G,E,M)	Veggie nuggets with diced potatoes and peas (G,M)
Jacket Potato (Red)	Jacket potato, Tuna mayonnaise and Salad (F)	Jacket potato with cheese and beans (M)	Jacket potato with ham and salad	Jacket potato with cheese and coleslaw (M)	Jacket potato with beans and salad
Sandwich (Yellow)	Ham baguette and salad (G,M)	Cheese sandwich with cucumber and pepper and coleslaw (G,M,S,SS)	Egg Roll served with salad and coleslaw (E)	Cheese roll and salad coleslaw (M)	Ham and salad filled pitta bread with mayo (G,S)
Pudding	Vegetarian strawberry mousse (M) or Watermelon	Muller Fruit Yoghurt (G,M) grape and melon pot	Lemon Cake (M / G / E) fresh fruit basket	Muller Fruit Yoghurt (M) fresh fruit choice	Ice cream pot (M) fresh fruit basket

Available every day; Water, milk and wholemeal bread. YOGHURT AND A FRUIT BASKET ARE ALWAYS AVAILABLE AS A CHOICE.

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Week 2 - WC 20.01.2025 / WC 10.02.2025					
Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot	Margherita Pizza, sweetcorn and homemade wedges (W, M, S) (MAY CONTAIN E)	Turkey meatballs wholemeal pasta and peas (W, M)	Roast chicken Yorkshire pudding broccoli, carrot and cauliflower potatoes and gravy (halal) (E,W,M)	Fosters butchers Cheese burger (beef) in a wholemeal bun with beans and salad Ketchup (M,W,S,SU,)	Popcorn bubble crumb fish finger (salmon) chipped potatoes and peas (F,M,W)
Vegetarian (Green)	Veggie lasagne sweetcorn and garlic bread (G, E, S)	Quorn meatballs , pasta and peas (Halal) (W, M)	Roast Quorn , stuffing ball , seasonal vegetables, potatoes and gravy (G,E,S)	Quorn burger in a wholemeal roll with beans ,salad and ketchup (halal) (W,M,S,E)	Cheese omelette , served with side salad chips (M,W,E)
Jacket Potato (Red)	Jacket potato with tuna and Salad vegan mayonnaise (F)	Jacket potato Ham salad	Jacket potato with beans and salad	Jacket potato with cheese and salad (M)	Jacket potato with beans (M)
Sandwich (Yellow)	Chicken bap with salad & watermelon slice HALAL (W, S)	Cheese Sandwich with salad and coleslaw (M. W, S) (MAY CONTAIN SS)	Ham and cheese Sandwich salad and watermelon (W,M,S) (MAY CONTAIN SS)	Egg or cheese baguette with cucumber and carrot sticks (W,E,M)	Ham Bap with coleslaw and salad (W,M,S)
Pudding	Gingerbread man & milk (G,M) Or Fresh fruit	Muller fruit yoghurt pot (M) Or Fresh fruit	Carrot cake with a cream cheese topping (W,M,E)	Muller fruit yoghurt (M)	Chocolate frozen yoghurt pot (M) Or Water melon slice
Available every day; Water, milk and wholemeal bread. YOGHURT AND A FRUIT BASKET ARE ALWAYS AVAILABLE AS A CHOICE.					

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Week 3 - WC 06.01.2025 / WC 27.01.2025					
Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot	Margherita Pizza, Diced potatoes & beans (M, W,S) (MAY CONTAIN E)	Mild Chicken Curry Rice Green beans (HALAL) (M)	Roast Chicken, stuffing ball , roast potatoes and broccoli and carrots gravy (M,S,G)	Spaghetti bolognaise (BEEF) green beans (G)	Fish fingers, chipped potatoes & peas (F, W)
Vegetarian (Green)	Quorn hotdog, beans salad (S, M, W) (MAY CONTAIN SS)	Quorn sausage roll spicy rice and peas (W, M, S)	Roasted Quorn fillet stuffing ball roast potatoes and broccoli and carrots (G,S)	Spaghetti neopolitan (tomato sauce) green beans (W,S)	Cheese panini chipped potatoes & Peas (W)
Jacket Potato (Red)	Jacket potato with tuna vegan mayonnaise and salad (F)	Jacket Potato, ham and salad	Jacket Pot with cheese and coleslaw (M)	Jacket potato with chicken mayonnaise and salad (M)	Jacket Potato beans and salad
Sandwich (Yellow)	Ham Sandwich with salad and coleslaw (W, S, M) (MAY CONTAIN SS)	Cheese baguette with pepper and cucumber (W, M)	Ham Sandwich with salad (W, S, M) (MAY CONTAIN SS)	Cheese roll with salad and coleslaw (W,M,S,SS,)	Egg Sandwich with salad and coleslaw (W, S, M, E) (MAY CONTAIN SS)
Pudding	Chocolate and vanilla mousse pot (M)	Muller Fruit Yoghurt (M) Fruit Basket	Shortbread (W) OR Fruit basket	Muller Fruit Yoghurt (M) Or Fruit Basket	Chocolate orange cake (E) or Fruit basket
Available every day; Water, milk and wholemeal bread. YOGHURT AND A FRUIT BASKET ARE ALWAYS AVAILABLE AS A CHOICE.					