

Dzień dobry!
World Hello Day





UK

POLAND



Poland statistics

Population: 38 million
Capital city: Warszawa (Warsaw)
Warsaw population: 1.7 million

Zduńska Wola

POLAND

★ Warszawa

• Łódź

• Poznań

• Wrocław

• Kraków

• Lublin

• Gdańsk

• Szczecin

Norway

Sweden

Estonia

Latvia

Lithuania

Russian province of Kaliningrad Oblast

Belarus

Russia

Ukraine

Slovakia

Austria

Moldova

Germany

Netherlands

Belgium

Denmark

France

Map of Poland

zduńska wola

ronie

Approx 70% of the district is covered by nearly agricultural land. This figure can be further divided into 3,300 individual farms. Together with unique nature and landscape, they are a perfect base for vibrant agritourism.

Zduńska wola is not about nature this area of Poland is for industrial monuments.

Borders

Germany
Belarus
Russia

Holidays

The astine water river valley is a great choice for those who like hiking. The Warta and Widawa riverside landscape park is 25,339 hectares in size. It straddles four districts, including Zduńska wola.

Try some new foods including...

- Zurek - This is an authentic dish served in its own way
- Barszcz czerwony - Its main ingredient is beetroot which is why the dish is a very dark red. Some people have sour cream or dumplings inside it. ~~is~~ And many more Celebrations ^{celebrations} ^{foods}.

Palm Sunday - in shops people can buy palm leaves and parade them up and down the city. The Polish set up 3 days before the festival.

ALL about POLAND!

Physical and Human features:
There are almost 10,000 rivers! Their population is approximately 38 million. A famous landmark is the Christ the King ~~statue~~ ^{statue} at around 33 metres (108ft) tall. ^{Food:} Typical Polish meals often contain meat.

Poland!

Belt root soup

Wildlife and Vegetation.
Poland is home to many types of mammals and over 400 species of birds. The largest forest that still remains is the Białowieża. Some forests have been cut down to create farmland.

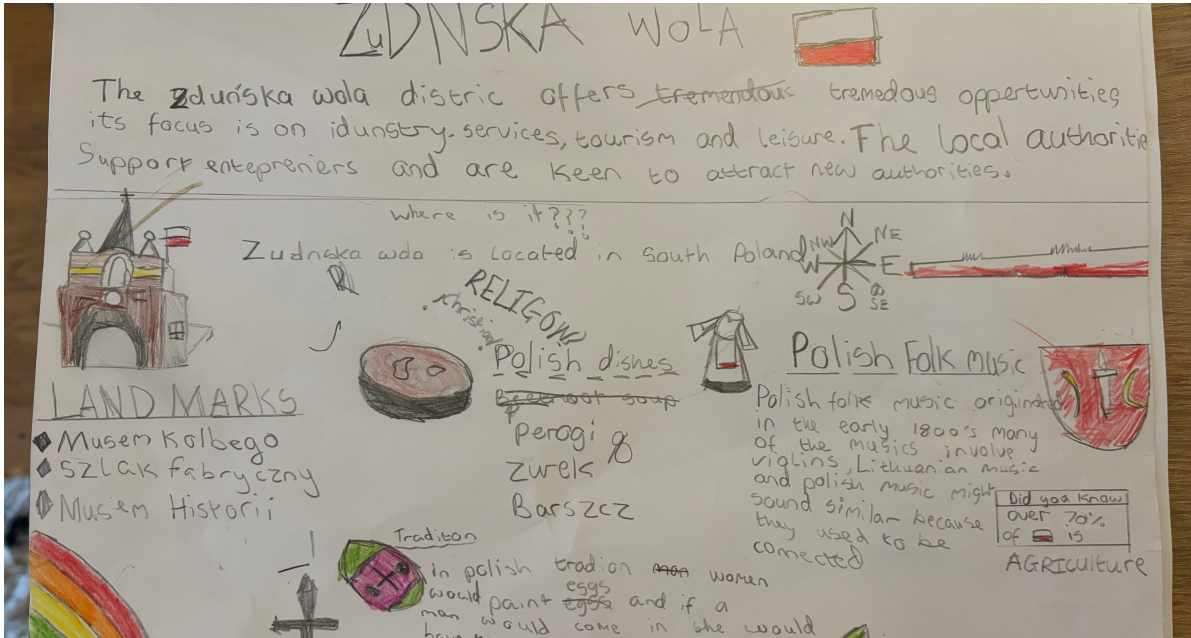
Facts:
The capital city is Warsaw. The land borders are Germany, Ukraine, Slovakia, Russia, Lithuania, Belarus and Czechia. Their national day is on the 11th of November.

Food:
Most dumplings are filled with meat, vegetable, cheese or even chocolate. The beet root soup is what the Poland feel most proud of.

The currency is Zloty.
Hello in Poland is Dzień Dobry.
Poland is in the continent of Europe.

The ~~xxx~~ traditional meals are Pierogi, Barszcz, Czerwony and Zurek.
The celebrations are Palm Sunday.

Pol
nd
Pol
nd
Christ the King.



Polish National Anthem

Mazurek Dąbrowskiego / Dąbrowski Mazurek

Words: Józef Wybicki, 1797

Jeszcze Polska nie zginęła,
Kiedy my żyjemy.
Co nam obca przemoc wzięła,
Szablą odbierzemy.

Marsz, marsz Dąbrowski,
Z ziemi włoskiej do Polski.
Za twoim przewodem
Złączym się z narodem.

Przejdziem Wisłę, przejdziem Wartę,
Będziem Polakami.
Dał nam przykład Bonaparte,
Jak zwyciężać mamy.

Marsz, marsz ...

Jak Czarniecki do Poznania
Po szwedzkim zaborze,
Dla ojczyzny ratowania
Wrócim się przez morze.

Marsz, marsz ...

Już tam ojciec do swej Basi
Mówi zapłakany -
Słuchaj jeno, pono nasi
Biją w tarabany.

Marsz, marsz ...

Poland has not yet perished,
So long as we still live.
What the foreign force has taken from us,
We shall with sabre retrieve.

March, march, Dąbrowski,
From the Italian land to Poland.
Under your command
We shall rejoin the nation.

We'll cross the Vistula, we'll cross the Warta,
We shall be Polish.
Bonaparte has given us the example
Of how we should prevail.

March, march...

Like Czarniecki to Poznań
After the Swedish annexation,
To save our homeland,
We shall return across the sea.

March, march...

A father, in tears,
Says to his Basia
Listen, our boys are said
To be beating the tarabans.

March, march...

Polish Folk Music



<https://www.youtube.com/watch?v=BPQn6DLc8B8>

Traditional Polish Food



Pierogi are a Polish food staple that cannot be overlooked. These delicious dumplings are made from unleavened dough, which is then filled with a variety of ingredients. Polish pierogi filling options include cabbage and mushroom, potato and cheese, minced meat, and many others. Once cooked, pierogi are often served with fried onions and a dollop of sour cream, adding an extra layer of flavour to these delightful dumplings.



Another very popular soup is *Zurek*. This is an authentic Polish dish and in each region of the country it is prepared in its own way. The only thing that remains unchanged is the soup base, which is made from rye flour, fermented on rye crusts. There are other essential ingredients in *Zurek*: homemade pork sausage, often smoked and boiled egg.



It's a traditional dish during Christmas Eve dinner. The soup gets its striking deep red hue from the main ingredient - beetroots. The beetroots are cooked until tender and then grated or pureed, resulting in a smooth and velvety texture.

Barszcz czerwony can be enjoyed hot or cold, and is often served with a dollop of sour cream and a sprinkle of fresh dill, adding a creamy and herbaceous element to the soup.

Traditional Polish Celebrations



Niedziela Palmowa / Palm Sunday is a Catholic celebration commemorating the triumphant arrival of Jesus Christ in Jerusalem. In Poland, Niedziela Palmowa has been celebrated since the Middle Ages. The feast takes place a week before Easter and thereby commences the Holy Week.

Although nowadays palms can be bought in many shops around Easter time, in the past people would make them on their own. Traditionally palms were made of willow branches, which symbolise the Resurrection and the immortality of the soul. In the region of Wielkopolska, willow branches were cut on Ash Wednesday and then stored in water to keep them green until Palm Sunday.





A polish story from
Miss Lena

Polish

Dzień dobry

Do widzenia

Cześć

Dobrze, dziękuję

Jak masz na imię?

Mam na imię _____

Ile masz lat?

Mam ___ lat

Tak

Nie

English

Good Morning

Goodbye

Hi/Bye (to a friend)

Good, thank you

What is your name?

My name is _____

How old are you?

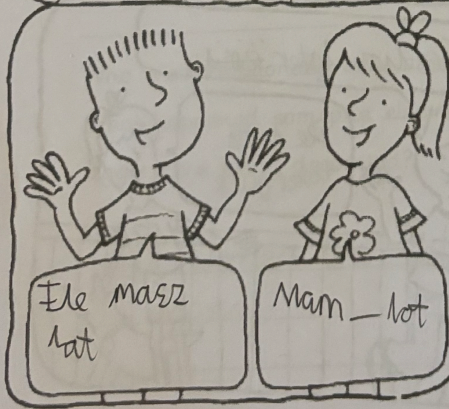
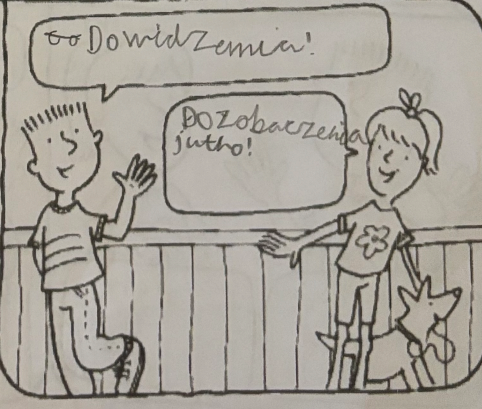
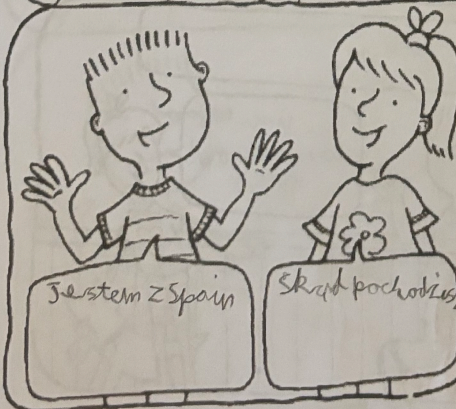
I am ___ years old.

Yes

No

5T - artefacts from Poland brought in by children





Traditional Polish Art



The oldest Polish art, *pisanki* (traditional name for painted eggs, singular: *pisanka*) date back to the end of the 10th century.

In Slavic beliefs, eggs were associated with the cult of the sun god, and they symbolised new life and birth. Each spring, when life awakened from its winter slumber, Poles presented each other with eggs. At Easter the eggs were given to family members and, about a week later, to dear friends as well.

In the past only women were allowed to decorate the eggs - if a man walked into the room where eggs were being adorned, women had to remove the spell that the intruder might have cast on the eggs.





Nicolaus Copernicus



Nicolaus Copernicus is a famous Polish astronomer.

Our partner school in Zduńska Wola is named after him.

<https://study.com/academy/lesson/video/nicolaus-copernicus-lesson-for-kids-facts-biography.html>